**Outline - Prepared Presentation 1**

BUSM 1500 Business Presentation Skills

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| **Student Name:** | **Jay Seung Yeon Lee** |
| **Student ID:** | **100 357 736** |
| **Speech Topic:** | **Overcoming depression** |

**Objective**

What do you want your audience to think or do at the end of your presentation?

Find their hobby, passion, and reason to get back up and pursue to be a better person

**Event**

What is the context of your presentation? What’s the event? You can be creative.

This presentation will be very subjective as it will be based on my personal story. Key point is to make progression in life through challenges and succeed in those challenges continuously. Contents will be broken down in to two main points which will be:

1. making progression and finding meaning behind life (Hobbies and career passion)
2. Finding a reason for you to stand up and why you should be motivated to progress

**Audience**

Who is your audience? What do they want to hear? Why should they listen?

It doesn’t need to be accurate or factual – it can be invented / created.

Students who are struggling from depression & students that are having a hard time. I believe what I have to say is not strictly subjective for people with depression, but people that are going through a hard time as well. I believe overcoming hard times involves strong mindset(Why behind your actions and motives) and making progress in your personal life and career to slowly build up self esteem and confidence.

**STRUCTURE OF PRESENTATION**

**Introduction**

**Grabber:** Use a creative and relevant hook for your thesis.

**Did you know 1 in 5 people have experienced depression globally? Approximately 3 % of adults experienced severe symptoms, 4.2% experienced moderate symptoms, and 11.5% experienced mild symptoms.**

**Thesis:** Be clear and specific in stating your thesis.

**Overview:** Briefly summarize your 3 supporting points.

**BODY**

**Key Point #1:** Describe your first supporting point using research, data, statistics, and examples to prove your thesis.

**Key Point #2:** Describe your second supporting point using research, data, statistics, and examples to prove your thesis.

**Key Point #3:** Describe your third supporting point using research, data, statistics, and examples to prove your thesis.

**CONCLUSION**

**Summary:** Briefly summarize your 3 supporting points.

**Conclusion:** Highlight key points of the presentation while giving a lasting impression.